## CAROLINAS REGION MENTORS

<table>
<thead>
<tr>
<th>Mentor</th>
<th>Email</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tricia Malinowski</td>
<td><a href="mailto:car6@diningforwomen.org">car6@diningforwomen.org</a></td>
<td>NC, Charlotte – 2</td>
</tr>
<tr>
<td>Marnie Walsh</td>
<td><a href="mailto:car3@diningforwomen.org">car3@diningforwomen.org</a></td>
<td>NC, Fairview – 1</td>
</tr>
</tbody>
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## CENTRAL REGION MENTORS

<table>
<thead>
<tr>
<th>Mentor</th>
<th>Email</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Mary Toneff</td>
<td><a href="mailto:cent4@diningforwomen.org">cent4@diningforwomen.org</a></td>
<td>OH, Sylvania – 1</td>
</tr>
<tr>
<td>Kim Whetstone</td>
<td><a href="mailto:cent5@diningforwomen.org">cent5@diningforwomen.org</a></td>
<td>OH, Sylvania – 2</td>
</tr>
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## FLORIDA REGION MENTORS

<table>
<thead>
<tr>
<th>Mentor</th>
<th>Email</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beth Palmer</td>
<td><a href="mailto:fl5@diningforwomen.org">fl5@diningforwomen.org</a></td>
<td>FL, Bradenton – 1</td>
</tr>
<tr>
<td>Kay Yoder</td>
<td><a href="mailto:fl4@diningforwomen.org">fl4@diningforwomen.org</a></td>
<td>FL, Bradenton - 1</td>
</tr>
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## MIDWEST REGION MENTORS

<table>
<thead>
<tr>
<th>Mentor</th>
<th>Email</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sophia de Brul</td>
<td><a href="mailto:mw2@diningforwomen.org">mw2@diningforwomen.org</a></td>
<td>IL, Wilmette – 1</td>
</tr>
<tr>
<td>Mary Caroline Mitchell</td>
<td><a href="mailto:mw3@diningforwomen.org">mw3@diningforwomen.org</a></td>
<td>IL, Springfield – 3</td>
</tr>
<tr>
<td>Jennifer O’Neil</td>
<td><a href="mailto:mw1@diningforwomen.org">mw1@diningforwomen.org</a></td>
<td>IL, Evanston - 1</td>
</tr>
</tbody>
</table>
## MID-ATLANTIC REGION MENTORS

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Location</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shereen Arent</td>
<td><a href="mailto:ma13@diningforwomen.org">ma13@diningforwomen.org</a></td>
<td>DC, Washington - 4</td>
<td></td>
</tr>
<tr>
<td>Dianne Blais</td>
<td><a href="mailto:ma9@diningforwomen.org">ma9@diningforwomen.org</a></td>
<td>VA, Fairfax - 2</td>
<td></td>
</tr>
<tr>
<td>Elaine Butterfoss</td>
<td><a href="mailto:ma10@diningforwomen.org">ma10@diningforwomen.org</a></td>
<td>DE, Wilmington – 3</td>
<td></td>
</tr>
<tr>
<td>Judy Christensen</td>
<td><a href="mailto:ma3@diningforwomen.org">ma3@diningforwomen.org</a></td>
<td>DE, Newark - 1</td>
<td></td>
</tr>
<tr>
<td>Sylvia Gentry</td>
<td><a href="mailto:ma11@diningforwomen.org">ma11@diningforwomen.org</a></td>
<td>PA, Abington - 1</td>
<td></td>
</tr>
<tr>
<td>Brenda Mellon</td>
<td><a href="mailto:ma15@diningforwomen.org">ma15@diningforwomen.org</a></td>
<td>PA, Pittsburgh – 1</td>
<td></td>
</tr>
<tr>
<td>Sylvie Meyers</td>
<td><a href="mailto:ma7@diningforwomen.org">ma7@diningforwomen.org</a></td>
<td>NJ, Passaic - 1</td>
<td></td>
</tr>
<tr>
<td>Rosemary McGee</td>
<td><a href="mailto:ma5@diningforwomen.org">ma5@diningforwomen.org</a></td>
<td>PA, Abington - 1</td>
<td></td>
</tr>
<tr>
<td>Laurie Stroope</td>
<td><a href="mailto:ma16@diningforwomen.org">ma16@diningforwomen.org</a></td>
<td>MD, Baltimore – 3</td>
<td></td>
</tr>
<tr>
<td>Betsy Teutsch</td>
<td><a href="mailto:ma12@diningforwomen.org">ma12@diningforwomen.org</a></td>
<td>PA, Philadelphia - 4</td>
<td></td>
</tr>
</tbody>
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### NORTHEAST REGION MENTORS

<table>
<thead>
<tr>
<th>Mentor Name</th>
<th>Email Address</th>
<th>State/Location</th>
<th>Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michele Krieg Bauer</td>
<td><a href="mailto:ne9@diningforwomen.org">ne9@diningforwomen.org</a></td>
<td>MA, Pittsfield</td>
<td>1</td>
</tr>
<tr>
<td>Ruth Bates</td>
<td><a href="mailto:ne2@diningforwomen.org">ne2@diningforwomen.org</a></td>
<td>NY, Manlius</td>
<td>1</td>
</tr>
<tr>
<td>Beth Hamilton</td>
<td><a href="mailto:ne10@diningforwomen.org">ne10@diningforwomen.org</a></td>
<td>MA, Burlington</td>
<td>1</td>
</tr>
<tr>
<td>Barbara Quine-Moran</td>
<td><a href="mailto:ne6@diningforwomen.org">ne6@diningforwomen.org</a></td>
<td>NY, Rochester</td>
<td>1</td>
</tr>
<tr>
<td>Barbara Myers</td>
<td><a href="mailto:ne5@diningforwomen.org">ne5@diningforwomen.org</a></td>
<td>CT, Newtown</td>
<td>1</td>
</tr>
<tr>
<td>Jan Zimber</td>
<td><a href="mailto:ne9@diningforwomen.org">ne9@diningforwomen.org</a></td>
<td>MA, Pittsfield</td>
<td>1</td>
</tr>
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### NORTHEAST REGION MENTORS

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<tr>
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<th>Region</th>
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</thead>
<tbody>
<tr>
<td>Lynn Kellogg</td>
<td><a href="mailto:nw7@diningforwomen.org">nw7@diningforwomen.org</a></td>
<td>OR, Gold Hill</td>
<td>1</td>
</tr>
<tr>
<td>Jane Newby</td>
<td><a href="mailto:nw12@diningforwomen.org">nw12@diningforwomen.org</a></td>
<td>ID, Boise</td>
<td>1</td>
</tr>
<tr>
<td>Tami Savage</td>
<td><a href="mailto:nw10@diningforwomen.org">nw10@diningforwomen.org</a></td>
<td>ID, Hayden</td>
<td>1</td>
</tr>
<tr>
<td>Kathy Young</td>
<td><a href="mailto:nw4@diningforwomen.org">nw4@diningforwomen.org</a></td>
<td>WA, Ferndale</td>
<td>1</td>
</tr>
</tbody>
</table>
ROCKY MOUNTAIN REGION MENTOR

Thora Pabst
rm3@diningforwomen.org
CO, Greeley - 1

SOUTHEAST REGION MENTORS

Linda Bodine
se4@diningforwomen.org
AL, Dadeville - 1

Jen Walters
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GA, Cumming - 1

WEST REGION MENTORS

Laura Burnett
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CA, Ventura - 1

Diane Glaser
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CA, Shell Beach - 1

Deborah Hirsch
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CA, Solana Beach - 1

Julie Kassan
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CA, Agoura – 2

Stephanie LaCount
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CA, San Ramon - 1

Ingrid Rosten
west10@diningforwomen.org
CA, Rancho Cordova - 1

Cynthia Sawtell
west6@diningforwomen.org
CA, San Anselmo - 1