

# February 2019 Featured Grantee Maji Safi Group

 Dining  
for  
Women



**Mara Region, Tanzania**

## Introducing Maji Safi Group



**Maji Safi means clean water in Swahili. Maji Safi Group (MSG) promotes health and disease prevention in underserved and impoverished areas through holistic community empowerment, and by working predominantly with local women and youth.**

## About the Featured Grantee

- **Founded in 2012 by Max Perel-Slater and Bruce Maj Pelz with the goal of addressing the root causes of preventable waterborne diseases**
- **Based on a participatory development model that involves female community members in all aspects of their work**
- **Employs and trains local residents to be full-time Community Health Educators (80 percent female)**
- **Works with CHEs and community members to create programs that teach disease prevention in a culturally appropriate manner in the local language.**



## Where in the world?

- Tanzania, Eastern Africa, bordering the Indian Ocean, between Kenya and Mozambique
- It is the largest and most populous East African country; with a population of more than 55 million
- Tanzania's youthful population – about two-thirds of the population is under 25 – is growing rapidly because of the high total fertility rate of 4.8 children per woman.
- The maternal mortality ratio is 398 deaths/100,000 live births live births; infant mortality rate is 38.7 deaths/1,000 live births
- The literacy rate is 77.9 percent of the population, with a 73.1 percent literacy for females



**Mara Region, Tanzania**

## Life Challenges of the Women Served



**Fifty percent of illnesses come from preventable water-related diseases, and 99 percent of all drinking water is contaminated with coliform, a bacterium commonly associated with diarrhea. Women and girls are heavily burdened with collecting water for their households.**

## Life Challenges of the Women Served



Thirty-one percent of females in rural areas, like the Rorya District, have never attended school. A cultural taboo around menstruation and a lack of proper sanitary facilities at schools put girls at further risk of failing in their pursuit of education.

Young women are embarrassed to attend school while menstruating due to the lack of latrines and clean water on school grounds and the unaffordable nature of sanitary materials.

## What are we supporting?



1. Reduce school absences and build self-confidence related to menstruation.
2. Spread awareness about menstrual health management
3. Provide sustainable long-term access to Water, Sanitation and Hygiene products including sustainable menstrual cups.

**Year 1 Direct Impact: 4,242; Indirect Impact: 81,500**

**Year 2 Direct Impact: 5,748; Indirect Impact: 82,500**

# Budget

**DFW's grant of \$49,995 will be used for a portion of the following:**

Item	Description	Total
Schools	Includes menstrual cups, import, taxes and transportation of cups, school program/health club, curriculum, events, health screenings, teacher training seminar, and M&E tools	\$35,275
Awareness	Radio shows, female hygiene murals, government seminars, baseline survey, and marketing instructional materials for menstrual cups	\$8,040
Salaries, Taxes, Pension, Health Insurance	Includes Female Hygiene Program Manager, Female Hygiene Program Coordinator, Accountant	\$4,080
Other	Includes external financial audit, office maintenance, utilities and office rent	\$2,600
<b>TOTAL EXPENSES</b>		<b>\$49,995</b>



## Share Your Thoughts

1. How do you think the design of this project lends to its future sustainability?
2. How do you think the menstrual cup will change the lives of women in the Mara Region?
3. What do you think is the key to developing cultural acceptance of effective feminine hygiene and reducing the stigma surrounding a woman's period?



Changing the world one dinner at a time

## February's Sustained Grantee: Catalyst Foundation

### Health and Hygiene Program in Ninh Thuận Province, Vietnam



The purpose of the project is to provide families with daily access to safe water, proper sanitation, hygiene, and quality medical care by

- Installing a 4-tank water filtration system
- Building a low-cost, high-quality toilet at each home
- Training a local team of women plumbers
- Providing education on safe hygiene, menstruation, and sanitation
- Providing annual medical and dental care.

**Direct Impact: 140 women, 96 girls; Indirect Impact: 224**