

## Ice Breaker Ideas

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1. Invite folks to socialize and connect before starting the formal meeting.
2. Be sure to have name tags for new members and guests, and ask them how they found about DFW.
3. When welcoming new members or guests, ask “veteran” members to share one thing about DFW that they cherish or enjoy.
4. DFW empowers women and girls around the world. Ask members to talk about someone who empowered them and what it meant in their lives.
5. Ask members to share a time in their lives when they experienced gender discrimination. Discuss examples of the progress that has been made here in the U.S.
6. Through our member education and engagement, we are mobilizing people to become “global citizens”. Ask members what it means to be a global citizen.
7. In DFW’s dinner Affirmation, we “recognize the powerful associations of women to food, life, and nurture in all culture.” Ask each member to share their own connections between food, life, and culture. Perhaps a special tradition or recipe handed down by generations?
8. For Mother’s Day, ask members to share how their own mothers influenced or empowered them. How can we help mothers in the developing world influence/empower their own daughters?
9. When celebrating a chapter anniversary, ask each member to name one DFW grantee that inspired or touched them over the past year and why.
10. Announce members’ birthdays for that month and ask them to share something they remember about a special birthday. Celebrate other special occasions of members.
11. For Halloween, Thanksgiving, or any holiday, ask members to share one special memory they have of celebrating that holiday when they were growing up.
12. For New Year’s, ask members to share a New Year’s goal or resolution -- make them funny and light.
13. Share an article or book or something that is relevant to the featured grantee that month.
14. Bring in a map of the world with pins or markers to show the projects DFW has supported over the years. Discuss the diversity of DFW’s grantees.