

July 2017 Featured Grantee:
Kenya Self-Help Project



Girls' Empowerment Program

Introducing Kenya Self-Help Project

The mission of Kenya Self Help (KSHP) is to improve the social and economic future of Kendu Bay children through school-based programs that promote gender equity and advanced education opportunities.



Where in the world?

Kenya Self Help Project is in the Nyakongo zone (Kendu Bay), Rachuonyo North Sub-County, Homa Bay County in western Kenya. Kenya is in Eastern Africa, bordering the Indian Ocean, between Somalia and Tanzania.

It is about five times the size of the state of Ohio and slightly more than twice the size of Nevada.



What are we supporting?

DFW's grant of \$44,990 over two years will pay for the Girls Empowerment Program in 23 schools. Much of the budget will finance Dignity Kits. In addition, activity supplies, inter-club meetings, exchanges and debates, teacher and leader training and materials will be funded.

**Year 1 – Direct Impact: 3,400 Indirect Impact:
6,800**

**Year 2 – Direct Impact: 3,500 Indirect Impact:
7,000**

Life Challenges of the Women Served

- **Forty percent of the region's primary-aged girls do not finish grade 8.**
- **Local communities of subsistence farmers see little advantage in educating their girls.**
- **Families living on less than \$2 per day cannot afford sanitary supplies to help daughters stay in school during menstruation.**

Life Challenges of the Women Served

- **Other barriers to girls' education in Kenya include emergencies caused by drought, child labor due to high levels of poverty, and religious and cultural traditions favoring boys.**
- **More than 30 percent of girls in Kenya get married before the age of 18. HIV/AIDS and teen pregnancy are at high rates in the region.**

Budget

How DFW's grant of \$44,990 over two years will be used:

Item		Total
Dignity Kits	Cost of two pair of underwear, five reusable pads and two packages of disposable pads for 2,100 girls	\$35,800
Activity Supplies	Writing materials and notebooks for weekly learning and skills-development program meetings	\$3,450
Inter-club Meetings	Cost of refreshments and transportation to neighboring schools for 12 debates	\$3,000
Training and materials	Assessment and training for teachers and patrons, Girls Club leadership training workshop and Girls Club Manual printing.	\$2,740
TOTAL EXPENSES		\$44,990

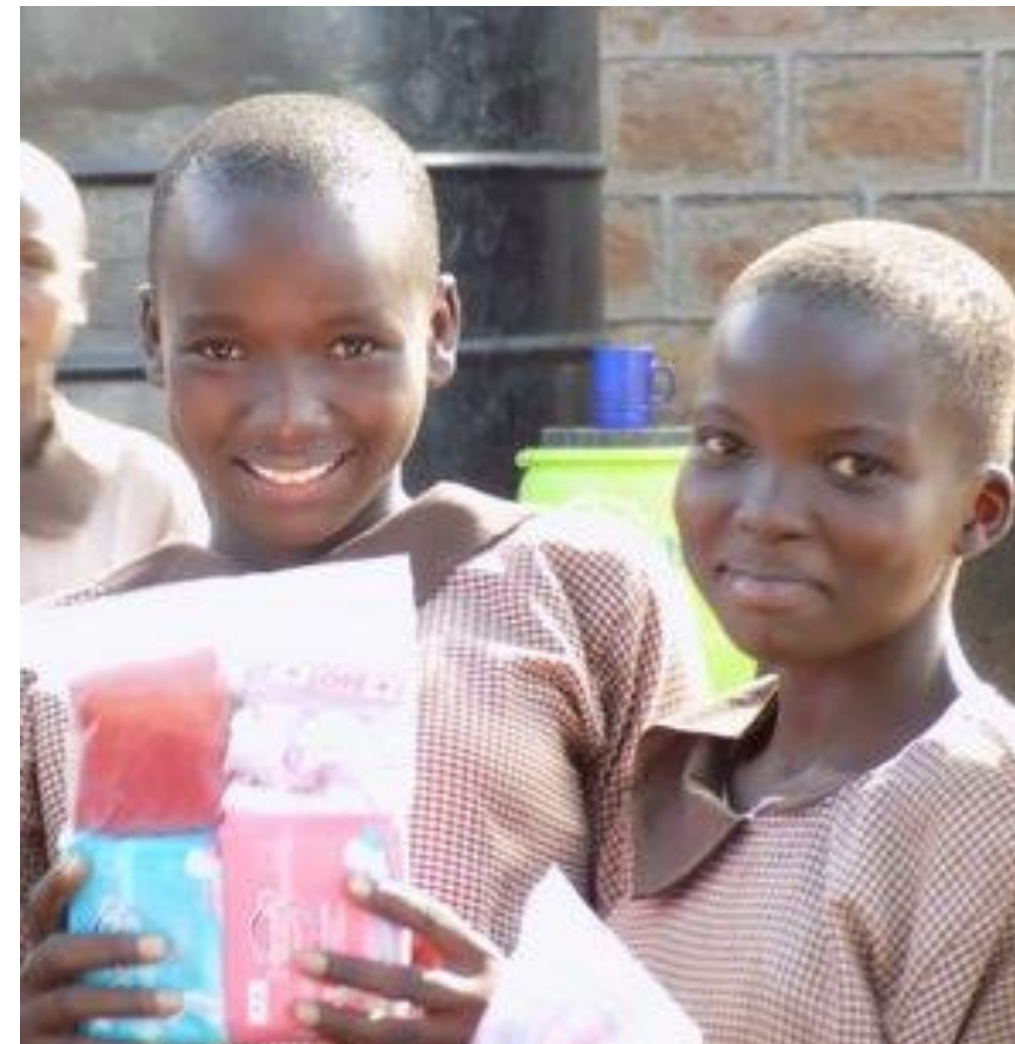
About the Featured Grantee

In 2005, friends in the United States formed a grassroots organization to improve education opportunity and the social empowerment of children in Kendu Bay, Kenya. In 2009, KSHP introduced a gender-equity program at six primary schools, launched its first Girls Clubs, and commissioned a local women's cooperative to produce reusable sanitary pads.



About the Featured Grantee

In 2009, 125 girls received the first distribution of Dignity Kits. By 2013, all grade 4-8 girls in the area's 23 primary schools participated in KSHP Girls Club activities. In 2016, more than 2,050 adolescent girls received Dignity Kits during biannual distributions.



Share Your Thoughts

- How do you think education can help eradicate poverty?
- How do you think this project can help promote self-sufficiency for women?
- To what extent do cultural barriers affect women's education?



Changing the world one dinner at a time