WHY WOMEN AND GIRLS?

Ensuring gender equality is the key to ending global poverty.

POVERTY IS SEXIST. Women are the majority of the world’s extreme poor, a majority of the world’s illiterate, and face greater risk of disease and poor health. Yet we know that even small investments can make a big impact.

• When girls are educated, they marry later, have fewer children and earn up to 25% more in future wages. (Source: UNESCO Institute for Statistics)

• Women are more likely than men to spend their income on healthcare, education, their families and their children.

• When 10% more girls go to school, a country’s GDP increases on average by 3%. (Source: USAID)

• Countries that are more equitable for women are less likely to become involved in violent conflicts and peace lasts longer.

START A CHAPTER

Gather friends, family, neighbors or co-workers together and start your own chapter. Or join an existing chapter in your area.

Visit diningforwomen.org/join-us/.

MAKE A DONATION

BY CHECK Dining for Women
P.O. Box 25633
Greenville, SC 29616

BY CREDIT CARD diningforwomen.org/donate

BY LEAVING A LEGACY Call 864.335.8401

LEARN MORE

Sign up for our newsletter:
diningforwomen.org/get-involved/newsletter
WHO WE ARE

Dining for Women is the world’s largest educational giving circle dedicated to transforming lives and eradicating poverty among women and girls in the developing world.

OUR APPROACH IS SIMPLE. Each month, chapters across the country share a meal together, usually in someone’s home, while learning about grassroots projects that empower women and girls. Members donate what they would have spent dining out. There is no minimum donation. Every gift, combined with thousands of others, can make a difference.

WHAT WE DO

GRANTS Through a professional and highly-competitive grants program, we fund grassroots projects in more than 40 countries around the world. The projects we fund address a wide range of key issues and needs, from education and vocational training to maternal health, food security, human trafficking and violence against women and girls.

ADVOCACY We educate and inspire our members to not only use their collective donations, but also their collective voices to benefit women and girls in the developing world.

OUR IMPACT

Since our inception in 2003, we have raised nearly $6 million. With average gifts of $35, Dining for Women is evidence of the power of collective giving.

Through the combined gifts of our members, we reach thousands of women and girls each year, allowing them to:

• Obtain education and mentoring
• Access prenatal care, safer birthing options and early childhood development screenings
• Receive reproductive health information, screenings and treatment
• Learn entrepreneurial skills and earn their own income
• Escape gender-based violence, human trafficking and other forms of contemporary slavery
• Enhance their self-confidence and leadership skills

We are not only improving lives in the developing world. We are also transforming the lives of women in the U.S. and, in the process, creating an innovative network of educated philanthropists.

• 400+ chapters in nearly every state in the U.S.
• Affiliated groups in 12 foreign countries
• More than 8,000 active members
• 700+ inspired, passionate volunteers
• 28,000 people educated since 2003

DFW Grantee: Nepal Youth Foundation

Dining for Women Atlanta chapter