Nyaka AIDS Orphans Project - Grandmother Training of Trainers Program

Featured program for September 2014

Dining for Women

Changing the world one dinner at a time
What are we supporting?

DFW will support the Grandmother Training of Trainers Program developed by the Nyaka AIDS Orphans Project.

The $45,000 grant pays for:

- **Five-day training sessions for 273 grandmothers who will**
  - Return to their ‘Granny groups’ – 91 groups of 75 women aged 60 to 80
  - Share their new knowledge and skills with their neighbors
  - Become community leaders empowered to help raise the 43,000 orphans in their collective care
Life Challenges of Women and Girls

Although the number of new HIV/AIDS infections has decreased, the number of children orphaned in Uganda is expected to continue rising as the estimated 1.5 million individuals currently living with the disease succumb to the disease.

The HIV/AIDS epidemic has taken so many lives in one generation that many grandmothers are now caring for all of their children’s children.

“The grandmothers are impoverished, their days are numbered, and the decimation of families is so complete that there’s often no one left in the generation coming up behind. We’re all struggling to find a viable response, and there are, of course, some superb projects and initiatives in all countries, but we can’t seem to take them to scale.”

Stephen Lewis – UN Secretary-General’s envoy for HIV/AIDS in Africa
The Training of Trainers Program helps grandmothers in rural Uganda overcome poverty by training them in business and life skills:

- accounting for micro-finance loans
- better farming methods
- good hygiene
- sensitization to raising young children who are dealing with grief
- the importance of HIV/AIDS testing

Nyaka will train 273 grandmothers – the grandmothers will return to their “Granny groups” and share their new knowledge and skills.

91 Granny groups – 75 grandmothers in each

The program will directly aid more than 7,000 grandmothers and the 43,000 children in their care.
### Program Budget

Five training sessions (conducted by a ‘Granny’ )
approximately 55 women in each

<table>
<thead>
<tr>
<th>Nyaka AIDS Orphans Project - Grandmother Training of Trainers Expenses to train 273 women</th>
<th>DFW Grant Request</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lodging for 6 nights each session</td>
<td>$20,475.00</td>
</tr>
<tr>
<td>Workshop supplies – markers, pens, tape, name tags, flip charts, printing costs</td>
<td>$2,977.08</td>
</tr>
<tr>
<td>Meals</td>
<td>$16,266.25</td>
</tr>
<tr>
<td>Rental of training venue</td>
<td>$1,333.33</td>
</tr>
<tr>
<td>Radio announcements of workshops</td>
<td>$1,166.66</td>
</tr>
<tr>
<td>Transportation - fuel</td>
<td>$666.67</td>
</tr>
<tr>
<td>Transportation - driver</td>
<td>$3,791.67</td>
</tr>
<tr>
<td>Training leader – per diem allowance</td>
<td>$1,333.33</td>
</tr>
<tr>
<td>Training leader - compensation</td>
<td>$4,166.67</td>
</tr>
<tr>
<td>Miscellaneous – exchange rate flux, fuel cost spike</td>
<td>$666.67</td>
</tr>
<tr>
<td><strong>Total Cost</strong></td>
<td><strong>$52,843.33</strong></td>
</tr>
<tr>
<td><strong>DFW Grant Request</strong></td>
<td><strong>$45,000.00</strong></td>
</tr>
</tbody>
</table>
Nyaka AIDS Orphans Project targets a unique population and takes a different approach to viewing and dealing with the HIV/AIDS crisis.
Voices of the Women

“Even if I die today, I will go to my grave a happy woman.”

- Molly, an 85-year-old grandmother whose group voted to build her a new home, a pit latrine, and a kitchen.

“I wanted to join because I saw the lives of grandmothers transformed. I felt blind, with no one to guide me, until I joined my group.”
Twesigye Jackson Kaguri grew up in the village of Nyakagyezi, went to college in the US, and returned home to care for his community.

What began as a small school for orphans has expanded to provide clean water systems, two schools with farm gardens, a medical clinic, a robust international volunteer program and a special training program for the thousands of grandmothers who provide homes for orphans and are in dire need of support themselves.
Uganda is located in Eastern Africa and is slightly smaller than the state of Oregon. The country borders Congo, Kenya, Rwanda, Sudan, and Tanzania

Demographics:

• Life expectancy = 55 years

• Fertility Rate = 5.97 children per woman

• 70 percent of the population is under 24 - 48 percent is under 14

• 82.6 percent of males age 15 and over can read - 64.6 percent of females
Questions for Discussion

Care to share your thoughts?

1. What experience have you had in passing along training and knowledge you’ve received that helps you relate to the grandmothers who will undergo training through Nyaka?

2. What have you heard about the challenges related to anti-retroviral drug treatment in Africa?

3. What are some of the implications of Uganda having the youngest population in the world?