Restoring the lives of young girls rescued from sex trafficking through the power of a dream.

We help girls transition, from darkness to light, from victim to survivor, to world changer.
Transitions provides comprehensive restorative aftercare for girls rescued from sex trafficking.

Each girl at Transitions receives personalized care to heal from her past and provide opportunities for her future.

A girl who finds her home at Transitions finds a new beginning. She finds hope, and with holistic trauma therapy, life skills and sustainable career training, she finds a dream for her future.
Founded by James and Athena Pond who have worked with survivors of sex trafficking in Cambodia since 2005.

In 2006, The Pond’s developed and opened the first Dream Home in Phnom Penh to meet the unique needs of survivors.

Transitions serves Cambodian and Vietnamese girls ages 13-18 years old who are referred by rescue organizations, Government, and law enforcement.
Transitions has developed a high-quality, results-driven care model that responds to the primary issues facing minor victims of sex trafficking.

After living in Cambodia for two years, the Pond’s returned to the United States in 2007 to establish Transitions as its own 501(c)3 charity.

Since then, Transitions has been instrumental in helping organizations in Greece, India, Indonesia, and the United States in developing effective aftercare programs.
Why Cambodia?

Cambodia is an epicenter for sex trafficking of minors.

Cambodia is a source, transit, and destination country for sex trafficking.

Cambodia remains a country where the status of girls and women creates vulnerability to trafficking.
Cambodia is a country with a rich history dating back to the Angkorian Empire, but also a country ravaged by war, civil conflict and genocide.

1963-1975: Impacted by the Vietnam War. 60,000 Cambodians killed by U.S. bombing.

1975-1979: Pol Pot. 2.2 million people killed in mass genocide.


2002-Present: Anti-trafficking efforts grow in the ASEAN region.
In Cambodia there is an urgent need for professional, intentional, results driven programs for sexually trafficked girls.

Without these services girls are vulnerable to re-trafficking, re-exploitation and voluntarily engaging in the commercial sex industry.

Transitions provides an effective, comprehensive and proven program for survivors of sex trafficking; allowing girls to find healing and a dream for their future.
Rescue is a process, not a single event.

Delivery from a life of bondage begins with the heroic and dramatic act of rescue in which a girl is removed from harm’s way. The rescue, however, is but the first step on a journey of healing, restoration and empowerment as a girl regains control of her life and once again learns to hope.
Freedom without a future is another form of slavery.

Without viable and sustainable career and life skills, a girl rescued from trafficking has few opportunities and little direction. But with these needs addressed she has a restored sense of dignity and a foundation on which to believe in herself and to pursue her dreams.
A girl shouldn’t carry the wounds of her past.

The goal of aftercare is to restore lives, not patch them up, to help each girl realize a life of substance and meaning.

A holistic approach, with a comprehensive focus on individuals, is the only effective response to a girl rescued from trafficking. Every girl is empowered to shed the wounds of her exploitation to live a whole, healthy life, freed from the burden of her exploitation.
Giving a girl choices and a dream restores her future.

By first treating her trauma, then creating a nourishing environment that encourages and respects a girl’s desires and choices, Transitions builds a bridge to opportunities, programs and systems that give her control over her life and the tools to realize her dreams. Each girl plays a prominent role in shaping and taking responsibility for her future.
The Dream Home provides girls ages 13-18, rescued from trafficking, a safe, loving full-time place to live—a home—and the comprehensive aftercare restoration necessary to realize a hopeful new future, one built on her dreams.
Transitions Dream Home

Each girl at the Dream Home receives personalized care to heal from her past and provide opportunities for her future. A girl who finds her home here finds a new beginning. She finds hope, with holistic trauma therapy, medical care, life skills training and sustainable career skills, she finds a dream for her future.
The success of this program is based on intensive and innovative care and casework to give girls the attention and services they need to overcome the trauma, abuse and exploitation they’ve experienced, and to emerge free and empowered to recapture hope and dreams for their future.
Transitions has an unprecedented success rate of over 85%.

That means less than a 15% recidivism rate; one of the lowest globally. Dining for Women’s contribution will directly impact our ability to continue delivery of these effective services to our girls, within our Dream Home Program. In 2012 Transitions is developing a robust comprehensive monitoring and evaluation program to further improve our results and effectiveness.
Funding the Dream Home empowers girls and builds strong futures.

$300    Salary of one social worker (per month)
$450    Shelter at the Dream Home (per month)
$2000   Healthy, balanced meals, snacks and water for 20 girls (per month)
$100    Cost of a dental exam and restorative dental care (one time)
$50     Semester of tuition for English literacy class (one time)