



Dining for Women

March 2011 Recommendations: Fair Trade Shopping, Books & Films Featured Program: Village Enterprise Fund, Uganda

This Month's Recommendations:

- ♀ Fair Trade Shopping
- ♀ Books
- ♀ Videos & Films

Fair Trade Shopping

Our thanks to Carolyn Mayers for Fair Trade Shopping Recommendations

Gorgeous hand-woven placemats for your dinner!

<http://www.ourfairearth.com/shop/store.php?search%5Bterms%5D=placemats&x=0&y=0&search%5Bmode%5D=any&search%5Bcat%5D=>



From our friends at Baskets of Africa, the most wonderful, hand-woven baskets from Uganda!

<http://www.basketsfromafrica.com/items/uganda-baskets/list.htm>



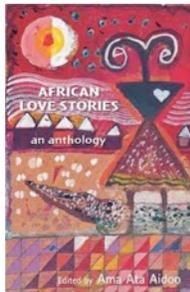


To soften up your winter-parched skin: fair trade Ugandan shea butter from women's cooperatives

http://www.allnaturalcosmetics.com/products.php?view=detail&cat_id=7&scat_id=23&pl_id=123

Books

Fiction

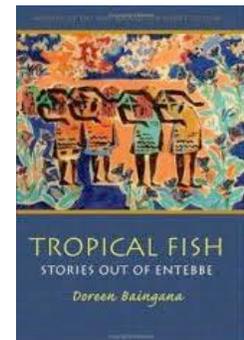


***African Love Stories: An Anthology.* Edited by Ama Ata Aidoo.** This 2006 collection of stories are written by a stellar group of African authors. "Jambula Tree" by Ugandan writer Monica Arac de Nyeko, one of the 21 short stories featured, is a story about a lesbian relationship in a country--Uganda-- where homosexuality is illegal. Monica Arac de Nyeko won the 2007 Caine Prize for African Writing.

***Tropical Fish: Stories out of Entebbe* by Doreen Baingana**

[Tropical Fish: Stories out of Entebbe](#) won the Commonwealth Prize for First Book, Africa Region, 2006.

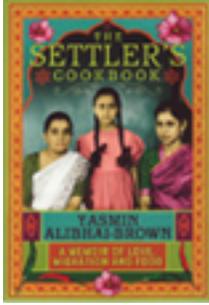
"*Tropical Fish* is a collection of linked short stories that explore the coming of age of three African sisters. Introspective and personal, the stories reveal the unexpected ambiguities of the young women's lives. The setting is the lush beauty of Uganda and the background is the aftermath of Idi Amin's dictatorship. But even in such trying circumstances, the stories show that people everywhere face the same basic human struggle to understand themselves, their world, and their place in it." --From the Publisher



***The Gravity of Sunlight* by Rosa Shand**

"Shand's tensely erotic novel is set in Uganda during Idi Amin's rise to power. . . reveals the insidious political conflicts that made Amin's bloody coup possible. Writing with intensity and passion, Shand deftly examines issues of morality and sexuality within the context of conflicting cultural standards." --*American Library Association*

Nonfiction

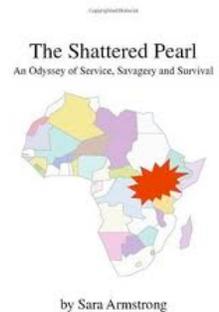


The Settler's Cookbook: A Memoir of Love, Migration and Food **Yasmin Alibhai-Brown**

"More than a hundred recipes pepper The Settler's Cookbook, but readers with scant interest in cookery should not be deterred from this wonderful book... a memoir of real substance... of growing up in Uganda's community of Asians, who lived under British rule until independence in 1962 and then, ten years later, were expelled by Idi Amin." Reviewed by Susan Williams, <http://www.independent.co.uk/arts-entertainment/books/reviews/the-settlers-cookbook-by-yasmin-alibhaibrown-1654795.html>

The Shattered Pearl: An Odyssey of Service, Savagery and Survival **by Sara Armstrong**

Sara Armstrong joined the Peace Corps in 1966 for two years of adventure and self-discovery. But after marrying a Ugandan in 1968, and deciding to live in East Africa, she was launched on a fascinating journey through the terror and chaos of Idi Amin Dada. Because she is a black American, she blended in and moved freely around Uganda witnessing many things that journalists and diplomats were not permitted to see.



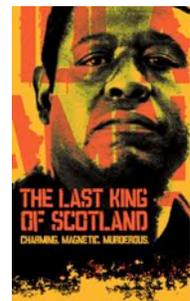
Films & Videos



Video (as noted in **Food for Thought**): A Kenyan woman affected by HIV/AIDS who started a business of African basket weaving <http://www.youtube.com/watch?v=lisojzI9EkI>

Film: *The Last King of Scotland*

Based on the events of the brutal Ugandan dictator Idi Amin's regime as seen by his personal physician during the 1970s, *The Last Kind of Scotland* intertwines the fictional story of Dr. Nicholas Garrigan (James McAvoy), a young Scottish doctor who travels to Uganda, with factual events during Amin's (Forest Whitaker) rule. Forest Whitaker won an Academy Award for his portrayal of Amin.



Changing the world one dinner at a time