**August 2011 Recommendations:**
Fair Trade Shopping, Books & Films

**Featured Program:** Nurturing Minds, Tanzania

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**Fair Trade Shopping**

*Our thanks to Carolyn Mayers for Fair Trade Shopping Recommendations.*

- A beautiful basket with handles!  
  [http://www.fairtradewinds.net/product_p/85013.htm](http://www.fairtradewinds.net/product_p/85013.htm)

- Soap, wrapped in a banana leaf. Atropha soap is handmade by artisans in Arusha, Tanzania, using the oil of jatropha seeds harvested in the foothills of Mount Kilimanjaro.  

- Bag made from Kanga cloth - used in Tanzania as a form of self-expression. Folds into its own pouch so a great bag to take to the Summit so you can carry home your Fair Trade items from our fabulous Marketplace!  
Books

Fiction

An Ice-Cream War by William Boyd
A darkly comic war novel nominated for a Booker Prize in 1982, the year of its publication. The story is set in Eastern Africa during World War I where European and American settlers in Eastern Africa, once friendly neighbors, reluctantly turn to enemies.

The Book of Secrets by M.G. Vassanji
Winner of Canada’s esteemed Giller Prize, “this complex novel is at once a story of the British Empire in Africa and a very postmodern meditation on the allures and pitfalls of narrative. It’s set in the racial melting pot of East Africa, where African, Arab, Indian, English and German cultures mesh.” – Publishers Weekly.

The author, raised in Tanzania, is one of Canada’s most acclaimed writers.

Nonfiction

Tanzanian Women in Their Own Words: Stories of Disability and Illness by Sheryl Feinstein and Nicole C. D’Errico
A compilation of oral histories by Tanzanian women living with disabilities or chronic illnesses. Beginning with their earliest childhood memories, the narrators weave their life stories through adulthood, telling of the hardships and support systems in their daily lives. A rich knowledge of Tanzanian culture is embedded in each story; for instance the pivotal role tribal affiliation, polygamy, and poverty play in society is addressed. HIV/AIDS, cancer, polio, female circumcision, and TB are just a few of the health issues covered.--From the publisher, Lexington Books.

Serengeti – Natural Order on the African Plain by Mitsuaki Iwago
A photographic documentary of the rhythms of nature on the Serengeti plains.

The Tree Where Man Was Born by Peter Matthiessen
A timeless portrayal of life on the East African plains, now considered a classic.

Films & Videos

Africa: The Serengeti
This American documentary film was released in 1994 to IMAX theaters. It is narrated by Academy Award-nominated actor James Earl Jones, and directed by George Casey. It was shot on location in Tanzania and Kenya. The film features nature cinematography during a year at East Africa’s Serengeti plain. The Serengeti is a huge area of grassland in Tanzania. Once a year, in time of drought,
animals travel north in order to survive. This "great migration", an event in which millions of wildebeests, zebras, and antelope travel several hundred miles across the plain, while lions and other dangers await them along the way, is considered one of the great wonders of the world. Hans Zimmer, the Academy Award-winning composer of the The Lion King, contributed to the film’s soundtrack.

**Darwin’s Nightmare**
Darwin’s Nightmare is a 2004 French-Belgian-Austrian documentary film about the environmental and social effects of the fishing industry around Lake Victoria in Tanzania. It premiered at the 2004 Venice Film Festival, and was nominated for the 2006 Academy Award for Documentary Feature at the 78th Academy Awards. The Boston Globe called it "the year’s best documentary about the animal world."

**Bongoland I**
An illegal Tanzanian immigrant in Minnesota confronts the realities of life in America.

**Bongoland II: There Is No Place Like Home**
In this sequel, a Tanzanian returns to his homeland, Bongoland, after failing to cope with life in America.