1. **Organization Information**

**Organization Name:** One Heart World-Wide  

**Program Title:** Implementing a Network of Safety around mothers and newborns in Western Nepal  

**Grant Amount:** $50,000 USD  

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2. **Expected Program Outcomes**

The goal of the overall One Heart World-Wide (OHW) program in Nepal is to implement a **Network of Safety** surrounding vulnerable mothers and their newborns in the districts of Baglung and Dolpa. The Network of Safety includes training of health providers at different levels (community level, first level of care level and referral hospital level).

The goal of our proposal was to train and empower Female Community Health Volunteers (FCHVs) as effective maternal and neonatal health outreach providers in Baglung and Dolpa.

The expected outcomes of training for FCHVs in the Baglung and Dolpa districts of Nepal are:

- Increased access to skilled birth attendants, essential resources, and safe motherhood messages for vulnerable pregnant women within the remote reaches of their community.
- Educational messages, skills, and resources necessary for a safe pregnancy and birth are delivered directly to the homes of rural indigenous women who are at high risk of having an unattended home birth.
- Strengthened maternal and neonatal knowledge and skills among local FCHVs who care for women and their newborns at the village level.

We expect that the above outcomes will ultimately decrease morbidity and mortality among pregnant women and their infants in the region by at least 70% when used in the context of the **Network of Safety** after about 4 years of program implementation.
3. Funding and Organizational Changes

We are poised to take our program to scale in Nepal. We currently have programs in two districts (Baglung and Dolpo) and we are expanding to a third district (Dhading) this year. Starting in 2015, we plan to add two new districts per year to take our program fully to scale. There are 35 underserved districts in Nepal and we expect to be able to serve at least 20 of them in the next 10 years. We have successfully raised additional funds to integrate our new district this year and have already started to raise fund for the additional two districts of 2015. We expect to double our yearly budget in the next couple years.

As part of the plan to bring our programs to scale, we have increased our administrative staff by three. These additions are essential to our organization as our fundraising activities, accounting, regulatory oversight and reporting efforts are going forward. We have added three fulltime staff: a Development and Communications Manager based out of the San Francisco office, an Administrative Director in Nepal to manage our growing administrative needs, and a Monitoring and Evaluation Officer in Nepal to deal with the increased amount of data and ensure best practices within our programs. We are also working with two consultants, one in the US for fundraising strategy and one in Nepal for overall leadership and management guidance to our Nepali team.

4. Challenges

It is often extremely difficult for our Master Trainers to travel to some of the remote rural locations where the FCHVs live. There are no roads in Dolpa, which mostly consists of high mountain passes and holds some of the most remote communities in all of Nepal. In this region, all travel must be done on foot. Baglung, located in the foothills of the Himalayas, does have some roads, but they are often very difficult to drive on or become washed out. In both regions the winters are extremely cold and the summers are very wet during the monsoon season. In addition, many FCHVs have limited reading and writing abilities, so the trainers adapt by using simple words and pictorial training materials. Because Nepalese castes speak different languages, our trainers often have to take translators to assist them. Another challenge at the training sessions has been the ability of the FCHVs to get to the training session on time. They have to travel a long way on foot to get to the training sessions and can easily be delayed by poor road/general travel conditions.
5. **Have we revised our objectives and what progress have we made towards said objectives**

We have not revised our objectives from the original proposal to Dining for Women and we are proud to report our progress toward our goal to train and empower the FCHVs as efficient maternal and neonatal health outreach providers for the Baglung and Dolpa districts of Nepal.

Thanks to generous support from Dining for Women,

- We have trained 980 FCHVs in Baglung District and 141 in Dolpo District in birth preparedness and have offered a refresher training in community based newborn care. The training sessions have been limited to small groups of 10-15 volunteers and two One Heart World-Wide Master Trainers, allowing for an in-depth and hands-on learning experience.
- These FCHVs and they are now equipped to offer adequate prenatal care, assist a normal delivery, recognize emergencies and appropriately evacuate these emergencies.
- These FCHVs are also equipped to teach their communities about basic maternal and neonatal health. Increased awareness in the communities means that emergencies are identified sooner and mothers and infants have more chance to survive. The FCHVs work hard to disseminate this knowledge throughout their remote rural communities.

Many women and their babies in remote rural areas are at a high risk for death during the birthing process due to a lack of services and, in many cases, difficulty traveling to birthing centers. The FCHVs in the Dolpa and Baglung districts are now better equipped to help the,

6. **Timeline**

We expect to complete this project within the proposed timeframe of October 31, 2014.

The FCHV training in Baglung occurred from November 2013 through April 2014 and the FCHV training in Dolpa began in May 2014 and will continue through October 2014.

We will collect program evaluation data at the end of the year for a thorough review of the success of these new FCHVs. We will share this data with you when we complete the assessment (usually mid-December).