



## DINNER AFFIRMATION

**A**s we share food, we share something of ourselves and we honor each other.

We recognize the powerful associations of women to food, life, and nurture in all cultures. We honor the importance of those. We also recognize the burdens they can bring. We remember the women about whom we've learned, the ones they strive to nurture, and the organizations that are trying to nurture them. By eating together as women, we remember and honor those women, who also have favorite foods and family recipes. And we express the hope that through our efforts, they may find more sustenance for their lives. May we all be able to feast together some day.